



QUALIFICATION FILE

Yoga Instructor (B&W)

☒ Short Term Training (STT) ☐ Long Term Training (LTT) ☐ Apprenticeship

☐ Upskilling ☐ Dual/Flexi Qualification ☒ For ToT ☒ For ToA

☒ General ☐ Multi-skill (MS) ☐ Cross Sectoral (CS) ☐ Future Skills ☐ OEM

NCrF/NSQF Level: **NSQF Level 4**

Submitted By:

Beauty & Wellness Sector Skill Council

Office no. - UG-5B, Upper Ground Floor, Himalaya House-23, Kasturba Gandhi Marg, Connaught Place, Delhi-110001

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Section 1: Basic Details

1.	Qualification Name	Yoga Instructor (B&W)																
2.	Sector/s	Beauty & Wellness Sector Skill Council																
3.	Type of Qualification: <input type="checkbox"/> New <input checked="" type="checkbox"/> Revised <input type="checkbox"/> Has Electives/Options <input type="checkbox"/> OEM	NQR Code & version of existing/previous qualification: <i>(change to previous, once approved)</i> 2022/BW/BWSSC/06592 V3.0	Qualification Name of existing/previous version: NA															
4.	a. OEM Name b. Qualification Name <i>(Wherever applicable)</i>	NA																
5.	National Qualification Register (NQR) Code &Version <i>(Will be issued after NSQC approval)</i>	2022/BW/BWSSC/06592 V3.0	6. NCrf/NSQF Level: <i>NSQF Level 4</i>															
7.	Award (Certificate/Diploma/Advance Diploma/ Any Other <i>(Wherever applicable specify multiple entry/exits also & provide details in annexure)</i>	Certificate																
8.	Brief Description of the Qualification	A Yoga Instructor (B&W) is responsible to demonstrate the yoga postures, asanas, pranayamas, meditation and relaxation techniques for the clients. The individual must exhibit knowledge of the principles and practices of basic Yogic techniques for holistic wellbeing in order to explain and respond to the client's questions.																
9.	Eligibility Criteria for Entry for Student/Trainee/Learner/Employee	<p>a. Entry Qualification & Relevant Experience:</p> <table border="1"> <thead> <tr> <th>S. No.</th> <th>Academic/Skill Qualification (with Specialization - if applicable)</th> <th>Required Experience (with Specialization - if applicable)</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>10th grade pass and pursuing continuous schooling</td> <td></td> </tr> <tr> <td>2</td> <td>10th grade pass plus 1-year NTC/ NAC</td> <td></td> </tr> <tr> <td>3</td> <td>10th grade pass</td> <td>2 Years</td> </tr> <tr> <td>4</td> <td>Previous relevant Qualification of NSQF Level 3.0 with minimum education as 5th Grade pass</td> <td>2 Years</td> </tr> </tbody> </table> <p>b. Age: 16 years</p>		S. No.	Academic/Skill Qualification (with Specialization - if applicable)	Required Experience (with Specialization - if applicable)	1	10th grade pass and pursuing continuous schooling		2	10th grade pass plus 1-year NTC/ NAC		3	10th grade pass	2 Years	4	Previous relevant Qualification of NSQF Level 3.0 with minimum education as 5th Grade pass	2 Years
S. No.	Academic/Skill Qualification (with Specialization - if applicable)	Required Experience (with Specialization - if applicable)																
1	10th grade pass and pursuing continuous schooling																	
2	10th grade pass plus 1-year NTC/ NAC																	
3	10th grade pass	2 Years																
4	Previous relevant Qualification of NSQF Level 3.0 with minimum education as 5th Grade pass	2 Years																

10.	Credits Assigned to this Qualification, Subject to Assessment <i>(as per National Credit Framework (NCrF))</i>	13	11. Common Cost Norm Category (I/II/III) <i>(wherever applicable)</i> : II																					
12.	Any Licensing requirements for Undertaking Training on This Qualification <i>(wherever applicable)</i>	NA																						
13.	Training Duration by Modes of Training Delivery <i>(Specify Total Duration as per selected training delivery modes and as per requirement of the qualification)</i>	<input checked="" type="checkbox"/> Offline <input type="checkbox"/> Online <input type="checkbox"/> Blended <table border="1"> <thead> <tr> <th>Training Delivery Modes</th><th>Theory (Hours)</th><th>Practical (Hours)</th><th>OJT Mandatory (Hours)</th><th>OJT Recommended (Hours)</th><th>Total (Hours)</th></tr> </thead> <tbody> <tr> <td>Classroom (offline)</td><td>104</td><td>196</td><td>90</td><td></td><td>390</td></tr> <tr> <td>Online</td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table> <i>(Refer Blended Learning Annexure for details)</i>					Training Delivery Modes	Theory (Hours)	Practical (Hours)	OJT Mandatory (Hours)	OJT Recommended (Hours)	Total (Hours)	Classroom (offline)	104	196	90		390	Online					
Training Delivery Modes	Theory (Hours)	Practical (Hours)	OJT Mandatory (Hours)	OJT Recommended (Hours)	Total (Hours)																			
Classroom (offline)	104	196	90		390																			
Online																								
14.	Aligned to NCO/ISCO Code/s <i>(if no code is available mention the same)</i>	NCO-2015/3255.0101																						
15.	Progression path after attaining the qualification <i>(Please show Professional and Academic progression)</i>	Yoga Therapist, Yoga Studio Owner/Manager, Master Yoga Trainer, Corporate Yoga Instructor, Fitness Consultant/Coach																						
16.	Other Indian languages in which the Qualification & Model Curriculum are being submitted	Will be translated in Hindi																						
17.	Is similar Qualification(s) available on NQR-if yes, justification for this qualification	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No URLs of similar Qualifications:																						
18.	Is the Job Role Amenable to Persons with Disability	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If "Yes", specify applicable type of Disability: Deaf																						
19.	How Participation of Women will be Encouraged	In the various job roles of beauty and wellness industry, women participation is 65%. This job role falls in to the same category and thus promote women's participation.																						
20.	Are Greening/ Environment Sustainability Aspects Covered <i>(Specify the NOS/Module which covers it)</i>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No																						
21.	Is Qualification Suitable to be Offered in Schools/Colleges	Schools <input type="checkbox"/> Yes <input type="checkbox"/> No Colleges <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No																						

22.	Name and Contact Details of Submitting / Awarding Body SPOC <i>(In case of CS or MS, provide details of both Lead AB & Supporting ABs)</i>	Name: Ms. Monica Behl Position in the organization : CEO Address: Beauty and Wellness Sector Skill Council (BWSSC) Office no. - UG-5B, Upper Ground Floor, Himalaya House-23, Kasturba Gandhi Marg, Connaught Place, Delhi-110001 E-mail address: info@dwsscindia.com	
23.	Final Approval Date by NSQC: 17/11/2022	24. Validity Duration: 3 years	25. Next Review Date : 17/11/2025

Section 2: Module Summary

NOS/s of Qualifications

(In exceptional cases these could be described as components)

Mandatory NOS/s:

Specify the training duration and assessment criteria at NOS/ Module level. For further details refer curriculum document.

Th.-Theory **Pr.**-Practical **OJT**-On the Job **Man.**-Mandatory Training **Rec.**-Recommended **Proj.**-Project

S. No	NOS/Module Name	NOS/Module Code & Version (if applicable)	Core/ Non-Core	NCrF/NS QF Level	Credits as per NCrF	Training Duration (Hours)					Assessment Marks					
						Th.	Pr.	OJT-Man.	OJT-Rec.	Total	Th.	Pr.	Proj.	Viva	Total	Weightage (%) (if applicable)
1.	Prepare and maintain work area	BWS/N9001 V4.0	Non-core	3	1	10	20			30	30	70			100	10
2.	Conduct the basic yoga sessions for holistic wellbeing	BWS/N2201 V3.0	Core	4	5	50	100			150	27	73			100	50
3.	Maintain health and safety at the workplace	BWS/N9002 V4.0	Non-core	3	1	10	20			30	33	67			100	10
4.	Create a positive impression at the workplace	BWS/N9003 V4.0	Non-core	3	1	10	20			30	36	64			100	10
5.	Employability Skills (60 hours)	DGT/VSQ/NO 102 (v1.0)	Non-core	1	2	24	36			60	20	30			50	20
6.	OJT	na	core	4	3			90		90						
Duration (in Hours) / Total Marks					13	104	196	90		390	146	304			450	100

Optional NOS/s:

S. No	NOS/Module Name	NOS/Module Code & Version (if applicable)	Core/ Non-Core	NCrF/NS QF Level	Credits as per NCrF	Training Duration (Hours)					Assessment Marks					
						Th.	Pr.	OJT-Man.	OJT-Rec.	Total	Th.	Pr.	Proj.	Viva	Total	Weightage (%) (if applicable)
Duration (in Hours) / Total Marks																

Assessment - Minimum Qualifying Percentage

Please specify **any one** of the following:

Minimum Pass Percentage – Aggregate at qualification level: 70% (Every Trainee should score specified minimum aggregate passing percentage at qualification level to successfully clear the assessment.)

Minimum Pass Percentage – NOS/Module-wise: (Every Trainee should score specified minimum passing percentage in each mandatory and selected elective NOS/Module to successfully clear the assessment.)

Section 3: Training Related

1.	Trainer's Qualification and experience in the relevant sector (in years) (as per NCVET guidelines)	12th pass with Diploma in Yoga or certified in relevant CITS course and 2 years of sector specific experience and 1 year of training experience
2.	Master Trainer's Qualification and experience in the relevant sector (in years) (as per NCVET guidelines)	Graduate with 5 years' experience in Yoga (min 2 years as a trainer)
3.	Tools and Equipment Required for Training	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No (If "Yes", details to be provided in Annexure)

4.	In Case of Revised Qualification, Details of Any Upskilling Required for Trainer	
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Section 4: Assessment Related

1.	Assessor's Qualification and experience in relevant sector (in years) <i>(as per NCVET guidelines)</i>	Graduate with specialization and Advance Diploma in Yoga or certified in relevant CITS course with 4 years of experience.
2.	Proctor's Qualification and experience in relevant sector (in years) <i>(as per NCVET guidelines)</i>	
3.	Lead Assessor's/Proctor's Qualification and experience in relevant sector (in years) <i>(as per NCVET guidelines)</i>	NA
4.	Assessment Mode <i>(Specify the assessment mode)</i>	Offline
5.	Tools and Equipment Required for Assessment	<input checked="" type="checkbox"/> Same as for training <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <i>(details to be provided in Annexure-if it is different for Assessment)</i>

Section 5: Evidence of the need for the Qualification

Provide Annexure/Supporting documents name.

1.	Latest Skill Gap Study (not older than 2 years) (Yes/No): yes
2.	Latest Market Research Reports or any other source (not older than 2 years) (Yes/No): <p>The Skill Gap Study Report for Yoga Instructors in India highlights a burgeoning demand for qualified professionals in the fitness and wellness sector. With the yoga industry currently valued at approximately INR 20,000 crore and projected to grow to around INR 30,000 crore by 2026, the workforce requirement for Yoga Instructors is set to rise significantly. As of 2022, there are about 30,000 Yoga Instructors, but this figure is expected to reach 1 lakh by 2030, emphasizing the need for comprehensive training and skill development. The increasing health consciousness among the public, the incorporation of yoga in corporate wellness programs, and the expansion of yoga courses in educational institutions are driving this demand. To bridge the skill gap, it is essential to establish standardized training programs focusing on advanced yoga techniques, teaching methodologies, and personalized instruction. The Qualification Pack will cater to organized sectors such as yoga studios, wellness centers, and educational institutions, with the Skill Sector Council (SSC) overseeing the implementation and monitoring of employment outcomes. This strategic approach aims to enhance the quality of yoga training in the country and ensure a robust pipeline of skilled Yoga Instructors equipped to meet the industry's evolving needs.</p>
3.	Government /Industry initiatives/ requirement (Yes/No): Yes

4.	Estimated nos. of persons to be trained and employed: 500/year
5.	Evidence of Concurrence/Consultation with Line Ministry/State Departments: If “No”, why: Yes No, we do not have a Line Ministry

Section 6: Annexure & Supporting Documents Check List

Specify Annexure Name / Supporting document file name

1.	Annexure: NCrf/NSQF level justification based on NCrf level/NSQF descriptors <i>(Mandatory)</i>	<i>Annexure 1</i>
2.	Annexure: List of tools and equipment relevant for qualification <i>(Mandatory, except in case of online course)</i>	<i>Annexure 2</i>
3.	Annexure: Detailed Assessment Criteria <i>(Mandatory)</i>	<i>Annexure 6</i>
4.	Annexure: Assessment Strategy <i>(Mandatory)</i>	<i>Annexure 7</i>
5.	Annexure: Blended Learning <i>(Mandatory, in case selected Mode of delivery is “Blended Learning”)</i>	<i>Annexure 5</i>
6.	Annexure: Multiple Entry-Exit Details <i>(Mandatory, in case qualification has multiple Entry-Exit)</i>	<i>Yes</i>
7.	Annexure: Acronym and Glossary <i>(Optional)</i>	<i>Annexure 8</i>
8.	Supporting Document: Model Curriculum <i>(Mandatory – Public view)</i>	<i>Model Curriculum</i>
9.	Supporting Document: Career Progression <i>(Mandatory - Public view)</i>	<i>Career Progression and Occupational Map</i>
10.	Supporting Document: Occupational Map <i>(Mandatory)</i>	
11.	Supporting Document: Assessment SOP <i>(Mandatory)</i>	<i>Annexure 9</i>
12.	Any other document you wish to submit:	

Annexure 1: Evidence of Level

NCrF/NSQF Level Descriptors	Key requirements of the job role/ outcome of the qualification	How the job role/ outcomes relate to the NCrF/NSQF level descriptor	NCrF/NSQF Level
Process	The job holder is expected to independently demonstrate yoga asana, pranayama's, relaxation techniques, loosening exercises etc. in sessions for individual or group settings for along with maintaining work area, health & safety at workplace and positive impression at the workplace.	<p>The Yoga Instructor (B&W) is a professionally trained individual who works in familiar, predictable, routine situation of clear choice such as preparing the equipment/products and work area ahead of service delivery to ensure the efficiently and effectiveness of conducting treatments considering the standards of operation of the organization, provide appropriate opening and closure of the session through prayer/chanting/meditation, perform and instruct loosening asanas or sukshma vyayama, breathing asanas as agreed with the guest and arrangement of the organization , perform and instruct classical asana as agreed with the guest and arrangement of the organization, perform and instruct pranayama's as agreed with the guest and arrangement of the organisation.</p> <p>The individual is also expected to maintain a safe and hygienic</p>	4

		<p>environment at the work area to reduce potential risks to self and others and personal grooming and behaviour to execute tasks as per the organization's standards and create a positive impression at the workplace.</p> <p>Since the job holder is expected to independently perform work of familiar, predictable and routine nature within situations of clear choice within Yoga Services as mentioned above s/he can be placed at Level 4.</p> <p>This role requires the job holder to work in a familiar, predictable, routine of clear choice and the activities that s/he is expected to perform are not limited in range such as implement effective teaching methods, adapt to unique styles of learning, provide supportive and effective feedback, acknowledge the guest's progress, and cope with unique difficulties / successes adjust appropriate practice strategies to the guests, therefore the job holder can't be placed at Level 3.</p> <p>As the job holder is not required to exhibit well developed skill in Yoga Services such as Conduct Ashtanga Vinyasa Yoga Sessions/ Advanced Yoga sessions/ Hatha Yoga sessions,</p>	
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		hence s/he does not qualify for Level 4	
Professional knowledge	<p>The job holder is expected to exhibit the factual knowledge about the range of Yoga practices and their potential effects,</p> <p>basic knowledge of Human Anatomy and Physiology including all major systems of the body and their interrelationships, contra-indications related to various yoga & related techniques along with health and safety regulations & guidelines .</p>	<p>The job holder is expected to exhibit factual knowledge of the field of Yoga such as Knowledge of applicable legislations/ evolution of the teachings and philosophy of Yoga tradition/ understanding of Patanjali Yoga Sutras. The individual should also have knowledge of shuddhi/detoxification/ Ashtanga yoga with yama & niyama / Yogic diet and Yogic lifestyle.</p> <p>Since all the above-mentioned areas are related to factual knowledge in the field of Yoga services, the role qualifies for Level 4.</p> <p>The job holder is expected to know more than basic facts and principles, such as he/she is expected to be familiar with the manufacturer's instructions to use the Yoga equipments/ products. S/he is also expected to know classifications of Asanas/ pranayams and the mechanical/ physiological/ psychological and</p> <p>eflex effects of each. Since this role requires factual knowledge of field of</p>	4

		Yoga services, it cannot be pegged at level 3.	
Professional skill	The Job holder is expected to plan & organize the schedule for all services & bookings to be undertaken by self or by the team and ensure adherence to the same. Further s/he must be able to take practical decisions on a regular basis & solve problem being faced by self and team by applying basic methods, tools, materials and information. The Job holder should also be able to analyze the data pertinent to the guest/ product/services and evaluate future course of action to make a decision.	<p>A range of practical and cognitive skills required to accomplish tasks and solve problems by selecting and applying basic methods such as taking decisions pertaining to the concerned area of work, tools like planning and managing work routine based on guest scheduling and bookings using centre's software, The individual is also expected to possess information about the materials such</p> <p>as knowledge of the latest promotional schemes on various Yoga services/ related products along with their available stocks and their features & benefits. The job holder must also be able to practically apply learning from feedback and other sources to develop one self.</p> <p>Thus, considering the professional skills s/he can</p> <p>be placed at level 4</p> <p>Since the Job holder is expected to exhibit cognitive skills along with practical skills required to accomplish the tasks by ensuring that the team of Yoga Instructors are aware of the</p>	4

		<p>standards etc. The job holder is also expected to solve problems by counselling and addressing issues/ grievances/ concerns among the team for any work-related tasks, therefore s/he can't be placed at Level 4.</p> <p>Further, since the job holder is not required to possess practical and cognitive skills required to generate solutions for specific customer problems/ preferences such as develop plans and procedures for management of emergencies in accordance to the organization and industry standards, hence s/he can't be placed at level 5.</p>	
Core skill	The individual is expected to exhibit sound communication skills including strong client relationship establishment and maintenance, perform respective record maintaining work using basic arithmetic/ algebraic principles and possess basic understanding of environment to cater to the different requirements of varied types of clientele.	The job holder is expected to exhibit written and verbal communication skills, with the minimum level of clarity expected) so as to have pleasant and engaging conversations by responding promptly and positively to further enquiries and make efforts to obtain new business, the skill of basic arithmetic and algebraic principles, basic understanding of the social, political and natural environment such as knowledge of documenting call logs by getting all the required information in the enquiry	4

		<p>form/reports/task lists/schedules, knowledge of drafting memos and e-mail providing work updates and enquiring relevant information's by questioning clients about their interest in exercise and previous experiences about Yoga services without language errors.</p> <p>The incumbent should know what to say, when to say & how to say to the customers without using jargon, slang or acronyms</p> <p>Since all the above-mentioned core skills are related to exhibiting effective oral & written communication skills along with understanding of the social, political and natural environment such as clarifying the guest's understanding and expectation prior to initiating the Yoga services, therefore the role qualifies for Level 4.</p> <p>The Job holder expected to possess core skills more than just demonstrating minimum clarity in oral & written communication such as discussing the aims of the session/ benefits and yoga services with the guest. Hence, the job holder can't be placed at Level 3.</p>	
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		Further since the job holder doesn't require to use mathematical skill or skill of collecting & organizing information such as collecting, integrating and analyzing guests' feedback on yoga services availed that's why s/he can't be placed at level 5	
Responsibility	The individual is responsible to demonstrate the yoga postures, asanas, pranayamas, meditation and relaxation techniques for the guests. The individual must exhibit knowledge of the principles and practices of basic Yogic techniques to explain and respond to the guest questions.	<p>The Yoga Instructor (B&W) is expected to take responsibility for own work & learning as s/he is responsible to conduct the guest's yoga postures, asanas, pranayamas, meditation and relaxation techniques. The individual must exhibit knowledge of the principles and practices of basic Yogic techniques to explain and respond to the guest questions. The individual is responsible for setting up and stocking the work area and maintaining accurate written records of guest's treatments.</p> <p>Given that the incumbent doesn't require any supervision while conducting the Yoga services and can independently deliver high quality services, s/he can be placed at level 4</p> <p>As its evident from the above examples that the incumbent is fully</p>	4

		responsible for implementation of planned yoga session for guests rather than just responsible in defined limit, therefore s/he can't even be placed at Level 3.	
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Annexure 2: Tools and Equipment (Lab Set-Up)

*List of Tools and Equipment*Batch Size: 30

S. No.	Tool / Equipment Name	Specification	Quantity for specified Batch size
1	Projector	Nos.	2
2	Flip chart	Nos.	3
3	White board	No.	2
4	Safety gears	Pack	1
5	Sanitizer	Liter	1
6	First Aid Box	Nos.	1
7	Yoga Belt	Nos.	15
8	Yoga Block	Nos.	15
9	Neeti Pot	Nos.	30
10	GLASSES(STEEL/PLASTIC)	Nos.	30
11	Small Tables for Lecture	Nos.	30
12	Towels Medium	Nos.	30

13	Candle Stand	Nos.	12
14	Yoga Mats	Nos.	30
15	Mugs	Nos.	5
16	Bucket	Nos.	5
17	CONTAINER(25 litres)	Nos.	2
18	Student Chairs	Nos.	30
19	Geyser	Nos.	1
20	YOGA CUSHIONS	Nos.	30
21	Yoga Ball	Nos.	2

Annexure 3: Training & Employment Details

Training and Employment Projections:

Year	Total Candidates		Women		People with Disability	
	Estimated Training #	Estimated Employment Opportunities	Estimated Training #	Estimated Employment Opportunities	Estimated Training #	Estimated Employment Opportunities
2022	500	350	325	210	NA	NA
2023	1000	700	650	420		
2024	1500	1050	975	630		

Data to be provided year-wise for next 3 years

Training, Assessment, Certification, and Placement Data for previous versions of qualifications: NA

Qualification Version	Year	Total Candidates				Women				People with Disability			
		Trained	Assessed	Certified	Placed	Trained	Assessed	Certified	Placed	Trained	Assessed	Certified	Placed
NA		NA											

Applicable for revised qualifications only, data to be provided year-wise for past 3 years.

List Schemes in which the previous version of Qualification was implemented: NA

- 1.
- 2.

Content availability for previous versions of qualifications: NA

☐ Participant Handbook ☐ Facilitator Guide ☐ Digital Content ☐ Qualification Handbook ☐ Any Other:

Languages in which Content is available: NA

Annexure 4: Blended Learning

Blended Learning Estimated Ratio & Recommended Tools:

Refer NCVET “Guidelines for Blended Learning for Vocational Education, Training & Skilling” available on:

<https://ncvet.gov.in/sites/default/files/Guidelines%20for%20Blended%20Learning%20for%20Vocational%20Education,%20Training%20&%20Skilling.pdf>

S. No.	Select the Components of the Qualification	List Recommended Tools – for all Selected Components	Offline : Online Ratio
	NA	NA	NA

Annexure 5: Detailed Assessment Criteria

Detailed assessment criteria for each NOS/Module are as follows:

NOS/Module Name	Assessment Criteria for Performance Criteria/Learning Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
BWS/N9001: Prepare and maintain work area	Prepare and maintain work area	30	70		
	PC1. ensure that ambient conditions are suitable for the client and the service procedures to be carried out in a hygienic, safe and disinfected environment such as using air purifiers to reduce dust, dander, smoke, allergens & odour resulting in a healthier, fresher & cleaner environment, restructuring the workplace set-up, by keeping a minimum distance of 2 meters in between two clientele, practicing social distancing by avoiding handshakes/ hugs to coworkers/ clientele, etc.				
	PC2. identify and select suitable equipment and products required for the respective services/ session				
	PC3. set up the area for services/ session in adherence to the organizational/ beauty salon/ centre's guidelines				
	PC4. place disposable towels, glasses for water, tea/ coffee and other items/ tools/ equipment's (applicable if any) in area convenient for efficient service/ session delivery				
	PC5. prepare sterilisation solution as per organizational/ salon standards using approved products and as per manufacturers instructions				

	PC6. sterilize, disinfect the area as per organizational standards using recommended solutions and conditions				
	PC7. dispose waste materials in adherence to the industry requirements; waste materials such as disposable linen, disposable head bands, disposable gowns, disposable apron, disposable face mask, disposable gloves, etc.				
	PC8. identify ways to optimize usage of material including water in various tasks/activities/processes				
	PC9. check for spills/leakages occurred while providing services				
	PC10. identify and segregate recyclable, non recyclable and hazardous waste generated in separate bin				
	PC11. store the unused disposable material properly in a dedicated area; material such as disposable masks, gloves, etc.				
	PC12. ensure electrical equipment and appliances are switched off when not in use				
	PC13. store records, materials and equipment securely in line with the policies				
	PC14. conduct awareness program (such as for Covid19) for the employees and display posters/ signage's promoting regular hand-washing and respiratory hygiene in the premises				
	PC15. set up and promote digital modes of payment to lessen any kind of cross infection				

	NOS Total	30	70		
BWS/N2201-Conduct the basic yoga sessions for holistic wellbeing V3.0, NSQF Level 4	<i>Conduct the basic yoga sessions for holistic wellbeing</i>	27	73		
	1. ensure appropriate ambience for guests to perform the Advanced Yoga sessions				
	2. ensure readiness and preparedness of the guests to be able to take the session like empty stomach, etc.				
	3. provide appropriate opening and closure of the session through prayer/chanting/meditation				
	4. perform and instruct loosening asanas or sukshma vyayama, breathing asanas as agreed with the guest and arrangement of the organization				
	5. perform and instruct classical asana as agreed with the guest and arrangement of the organization				
	7. recognise, adjust and adapt to specific guest needs in the evolving professional relationship				
	8. implement effective teaching methods, adapt tounique styles of learning, provide supportive and effective feedback, acknowledge the guests progress, and cope with unique difficulties /Successes				
	9. elicit the goals, expectations and aspirations of the guests				
	10. assist the supervisor to integrate information from the intake, evaluation and observation to develop a working assessment of the guest's condition,limitations and possibilities				

	11. deliver appropriate practices for individuals as well as group, taking into consideration the assessment of their conditions, limitations, possibilities and the overall practice strategy				
	12. provide instruction, demonstration, education to the guests using multi-model strategies of education such as audio-visual tools, kinesthetic learning tools, etc.				
	13. practice effective guest-centered communication based upon a respect for and sensitivity to individual familial, cultural, social, ethnic and religious factors				
	13. provide instruction, demonstration, education of the guest using multi-model strategies of education such as audio-visual tools, kinaesthetic learning tools, etc.				
	14. gather feedback, assist the supervisor to re- assess and refine the practice for determining short- term or long-term goals and priorities				
	15. accept and follow ethical principles and related concepts from the yoga tradition to professional interactions and relationships				
	16. inform guests about various forms of yoga and its effect on body and mind				
	17. use a broad range of mind-body-based healing tools in conjunction with asanas based on needs, ages and ability levels to create effective practices against ailments				
	18. apply yogic principles to conduct guest sessions to enhance well-being, overcome illness and live a healthier and more meaningful life.				

	19. perform and demonstrate all yoga techniques to guests and ensure compliance to safety and health standards				
	20. assist guests to perform all techniques effectively				
	21. evaluate asanas performed by guests and recommend correction whenever required				
	22. coordinate with senior supervisors and guests on yogic lifestyle counselling to ensure healthy body and mind				
	23. ensure guests' satisfaction and assist in answering all guest queries				
	24. store guest and equipment records, securely in line with the organizations policies				
	25. leave the work area in a clean and hygienic condition suitable for further classes				
	26. document the client chart (sattva, rajas, tamas), contra indications and health condition and requirements of all guests and conduct classes to follow the asanas plan designed				
	NOS Total	27	73		
BWS/N9002: Maintain health and safety at the workplace	<i>Maintain health and safety of the work area</i>	33	67		
	PC1. ensure proper supply of Personal Protective Equipment such as tissues, antibacterial soaps, alcohol-based hand cleansers, triple layered surgical face masks,				

	gloves, etc. for the employees and clientele				
	PC2. ensure maintaining basic hygiene and keep proper distance between the clientele to avoid any kind of cross infection, basic hygiene such as wearing disposable N-95/ triple layered surgical face mask, gloves, apron, washing/ sanitizing hands & taking bath at regular intervals, etc.				
	PC3. set up and position oneself, equipment, chemicals, products and tools in the work area to meet legal, hygiene and safety requirements				
	PC4. clean and sterilize all tools and equipment before and after use				
	PC5. maintain one's posture and position to minimize fatigue, risk of injury and chances of cross infection				
	PC6. dispose waste materials in accordance to the industry accepted standards				
	PC7. maintain first aid kit and keep oneself updated on the first aid procedures				
	PC8. identify and document potential risks and hazards in the workplace				
	PC9. accurately maintain accident reports				

	PC10. report health and safety risks/ hazards to concerned personnel				
	PC11. use tools, equipment, chemicals and products in accordance with the guidelines and manufacturers' instructions				
	NOS Total	33	67		
BWS/N9003 Create a positive impression at the workplace	<i>Create Positive Impression at the workplace</i>	36	64		
	<i>Appearance and Behavior</i>	8	64		
	PC1. ensure maintaining good health and personal hygiene such as sanitized hands, neatly tied and covered hair, clean nails, etc.				
	PC2. meet the organization's standards of grooming (courtesy, behavior and efficiency) such as engaging with clients with no gender stereotyping, positioning self and client in a manner, to ensure privacy, comfort and well-being of all the genders throughout the services, stress management, working in teams, etc.				
	PC3. stay free from intoxicants while on duty				
	PC4. wear and carry organization's uniform and accessories correctly and smartly by sanitizing it in hot water with detergent and bleach				

	<i>Task execution as per organization's standards</i>	10	18		
	PC5. take appropriate and approved actions in line with instructions and guidelines				
	PC6. participate in workplace activities as a part of the larger team				
	PC7. report to supervisor immediately in case there are any work issues				
	PC8. use appropriate language, tone and gestures while interacting with guests from different cultural and religious backgrounds, age, disabilities and gender				
	PC9. improve upon existing techniques of services by updating skills, such as, learning about digital technologies (by using digital platform for booking an appointment, making bills & payments, collecting feedback); financial literacy (opening savings bank accounts, linking Aadhaar card to bank account, using various e- commerce platforms); self-ownership, etc.				
	<i>Communication and Information record</i>	18	32		
	PC10. communicate procedure related information to guests based on the sectors code of practices and organizations procedures/ guidelines				
	PC11. communicate role related information to stakeholders in a polite manner and resolve queries, if any				

	PC12. assist and guide guests to services or products based on their needs				
	PC13. report and record instances of aggressive/ unruly behavior and seek assistance				
	PC14. use communication equipment (phone, email etc.) as mandated by the organization				
	PC15. carry out routine documentation (such as recording details related to employee's tasks, services taken and feedback given by clients) legibly and accurately in the desired format				
	PC16. maintain confidentiality of information, as required, in the role				
	PC17. communicate the internalization of gender & its concepts at work place				
	PC18. conduct various workshops for the employees at workplace; using range of technologies that aid PwDs at the workplace, etc.				
	NOS Total	36	64		

DGT/VSQ/N0102 (v1.0) Employability Skills	Employability Skills	20	30		
Grand Total		146	304		

Annexure 6: Assessment Strategy

This section includes the processes involved in identifying, gathering, and interpreting information to evaluate the Candidate on the required competencies of the program.

Mention the detailed assessment strategy in the provided template.

1. Assessment System Overview:

- Batches assigned to the assessment agencies for conducting the assessment on SIP or email
- Assessment agencies send the assessment confirmation to VTP/TC looping SSC
- Assessment agency deploys the ToA certified Assessor for executing the assessment
- SSC monitors the assessment process & records

2. Testing Environment:

- Check the Assessment location, date and time
- If the batch size is more than 30, then there should be 2 Assessors.
- Check that the allotted time to the candidates to complete Theory & Practical Assessment is correct.

3. Assessment Quality Assurance levels/Framework:

- Question bank is created by the Subject Matter Experts (SME) are verified by the other SME
- Questions are mapped to the specified assessment criteria
- Assessor must be ToA certified & trainer must be ToT Certified

4. Types of evidence or evidence-gathering protocol:

- Time-stamped & geotagged reporting of the assessor from assessment location
- Centre photographs with signboards and scheme specific branding

5. Method of verification or validation:

- Surprise visit to the assessment location

6. Method for assessment documentation, archiving, and access

- Hard copies of the documents are stored

On the Job:

1. Each module (which covers the job profile of Automotive Service Assistant Technician) will be assessed separately.
2. The candidate must score 60% in each module to successfully complete the OJT.
3. Tools of Assessment that will be used for assessing whether the candidate is having desired skills and etiquette of dealing with customers, understanding needs & requirements, assessing the customer and perform Soft Skills effectively:
 - Videos of Trainees during OJT
 -
4. Assessment of each Module will ensure that the candidate is able to:
 - Effective engagement with the customers
 - Understand the working of various tools and equipment

Annexure 7: Acronym and Glossary

Acronym

Acronym	Description
AA	Assessment Agency
AB	Awarding Body
ISCO	International Standard Classification of Occupations
NCO	National Classification of Occupations
NCrF	National Credit Framework
NOS	National Occupational Standard(s)
NQR	National Qualification Register
NSQF	National Skills Qualifications Framework
OJT	On the Job Training

Glossary

Term	Description
National Occupational Standards (NOS)	NOS define the measurable performance outcomes required from an individual engaged in a particular task. They list down what an individual performing that task should know and also do.
Qualification	A formal outcome of an assessment and validation process which is obtained when a competent body determines that an individual has achieved learning outcomes to given standards
Qualification File	A Qualification File is a template designed to capture necessary information of a Qualification from the perspective of NSQF compliance. The Qualification File will be normally submitted by the awarding body for the qualification.
Sector	A grouping of professional activities on the basis of their main economic function, product, service or technology.
Long Term Training	Long-term skilling means any vocational training program undertaken for a year and above. https://ncvet.gov.in/sites/default/files/NCVET.pdf